

# March 2026 Lunch Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 V = vegetarian Vegan = no meat, eggs, or dairy	2 Spaghetti & Turkey Meatballs, Steamed Vegetables, Fruit <i>V &amp; Vegan: Spaghetti w/ Marinara (on the side)</i>	3 Potato Corn Chowder, Grilled Chicken, Rolls, Fruit <i>V: No Chicken Vegan: Steamed Broccoli, Brown Rice</i>	4 Vegetable Sushi Rolls, Edamame, Fruit <i>V &amp; Vegan: ok</i>	5 Grilled Chicken, Spanish Rice, Steamed Vegetables, Fruit <i>V &amp; Vegan: Marinated Tofu</i>	6 Vegetarian Minestrone, Rolls, Fruit <i>V &amp; Vegan: ok</i>	7
8	9 Tofu & Vegetable Stir Fry, Brown Rice, Fruit <i>V &amp; Vegan: ok</i>	10 Macaroni and Cheese, Crispy Kale, Fruit <i>V: ok Vegan: Pasta w/ 'Marinara</i>	11 Black Bean Chili, Brown Rice, Steamed Vegetables, Fruit <i>V &amp; Vegan: ok</i>	12 Chinese Chicken Salad w/ Crunchy Noodles & Green Dressing, Oranges, Brown Rice <i>V &amp; Vegan: ok</i>	13 Penne w/ Bolognese, Grilled Vegetables, Fruit <i>V &amp; Vegan: Vegan Bolognese (sauce on side)</i>	14
15	16 Pesto Pasta w/ Pumpkin Seeds, Black Bean & Corn Salad, Fruit <i>V &amp; Vegan: ok</i>	17 Black Bean Burger, Baked Sweet Potato Wedges, Fruit <i>V &amp; Vegan: ok</i>	18 Shepard's Pie, Asparagus, Oranges <i>V &amp; Vegan: Polenta cakes w/ Marinara</i>	19 Vegetable Soup, Tuna Salad Sandwich, Fruit <i>V &amp; Vegan: Avocado Sandwich w/ Grilled Vegetables</i>	20 Baked Ziti, Steamed Vegetables, Fruit <i>V &amp; Vegan: Pasta with Marinara Sauce</i>	21
22	23 Tomato Basil Soup, Grilled Cheese Sandwich, Apples <i>V: ok Vegan: Avocado Sandwich w/ Grilled Vegetables</i>	24 Lo Mein Noodles w/ Stir Fry Vegetables and Tofu, Steamed Carrots, Fruit <i>V &amp; Vegan: ok</i>	25 Fish Tacos, Cabbage Salad, Fruit, Green Salsa <i>V &amp; Vegan: Brown Rice &amp; Black Beans</i>	26 Tortilla Soup, Cheddar Cheese, Rolls, Fruit <i>V: ok Vegan: No Cheese</i>	27 Mushroom & Cheese Pizza, Steamed Vegetables, Fruit <i>V: ok Vegan: Pizza no dairy</i>	28
29	30 Falafel, Hummus, Pita, Fruit <i>V &amp; Vegan: ok</i>	31 <b><i>LMUCC Closed University Holiday Cesar Chavez</i></b>				